



## Who We Are

CAABT is a nonprofit, 501c3 corporation located in Northern New Jersey.

We offer various modalities of counseling/psychotherapy, behavioral assistance, assessment and case management services specifically for children and adolescents.

We proudly serve Essex and Passaic County

### Contact Us

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[communityadvancementbt@gmail.com](mailto:communityadvancementbt@gmail.com)



[www.facebook.com/communityabt](http://www.facebook.com/communityabt)



[www.caabt.org](http://www.caabt.org)

## Hours of Operations

By appointment

Available evenings and weekends



**Community Advancement  
&  
Behavioral Transformation**



**COMMUNITY ADVANCEMENT  
AND BEHAVIORAL  
TRANSFORMATION**

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111 Northfield Ave, Suite 208A  
West Orange, NJ 07052



[www.caabt.org](http://www.caabt.org)



## **Our Mission**

Our mission is to strengthen our community by Providing Comprehensive, Compassionate, Effective, Top-Quality Counseling and Therapeutic services to individuals with social, emotional, cognitive and behavioral disabilities with a holistic approach.

*CAABT is committed to delivering exceptional services by providing creative, focused, culturally sensitive and goal-directed treatment that matches each child and family's needs on an individual basis. We are committed to serving you efficiently and effectively. Toward s end, we seek the least restrictive intervention to help children achieve their goals.*

## **Services**

### **In-Home Services**

Our In-home services are provided on an outreach basis, to work with individuals and their families in the home and community. They are designed to avert treatment in residential or inpatient settings or to facilitate the earlier return of individuals receiving inpatient or residential care. Services are multi-faceted and include: therapy, supportive counseling, skills training and facilitation of access to other needed services and supports. Some in-home approaches are limited to short-term, intensive approaches with the goal of stabilizing and connecting the individual and family with ongoing services within a few weeks. We also provide longer-term interventions with the service intensity varying with clinical needs

### **Behavioral Assistance Program**

Our Behavioral Assistance program is designed to augment Partnership for Children Initiative services through the use of trained behavioral aides, working directly with children and adolescents and their families in a home, school/work, or other community settings, to carry out elements of a treatment or service plan. Services are generally time limited, focused on specific goals used to aide in the transition between levels of care or to facilitate adjustment to developmental tasks.

### **CAABT is an Approved Medicaid CSOC provider:**

1. Intensive Community Services - Includes individual and family therapy for youth and family.
2. Behavioral Assistance – Service provides support to you and family while teaching tools to support attainment of therapeutic goals.
3. Biopsychosocial and Needs Assessments – Service identifies and recommends individualized services needed to address problem areas.

