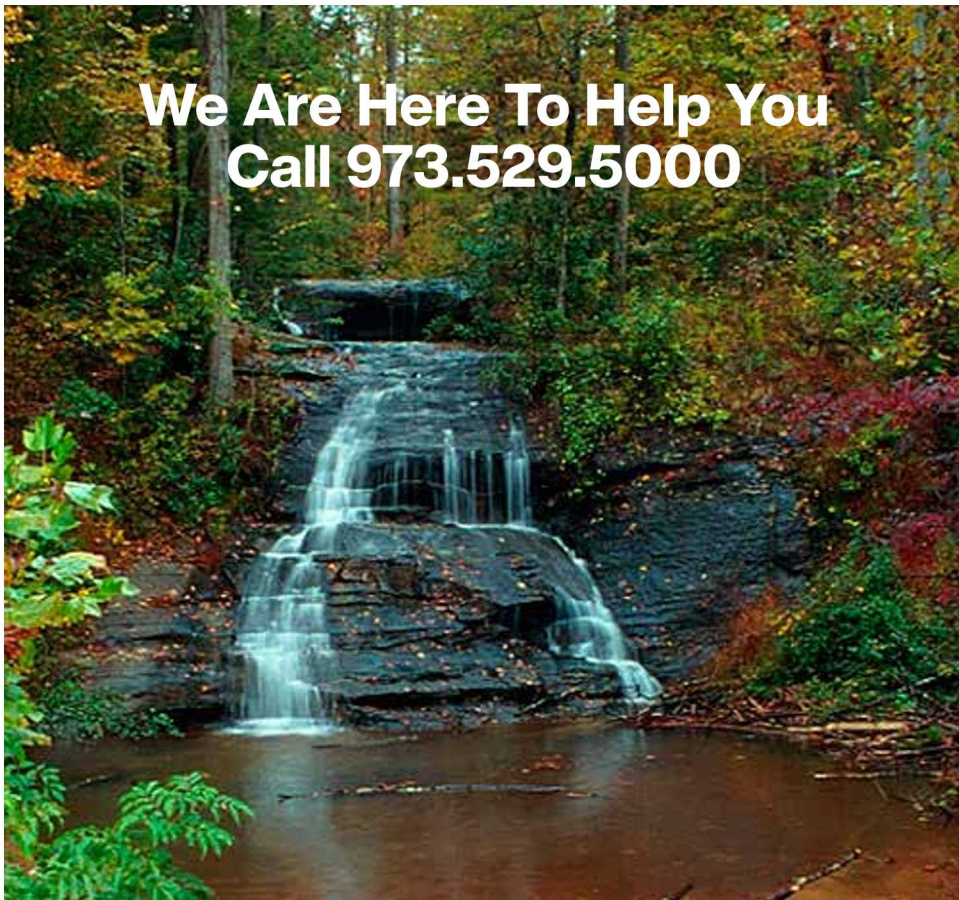


**We Are Here To Help You
Call 973.529.5000**



Don't Wait!

You can contact our specially trained intake clinicians at **973.529.5000** who are available 24/7 to provide confidential level of care assessments.

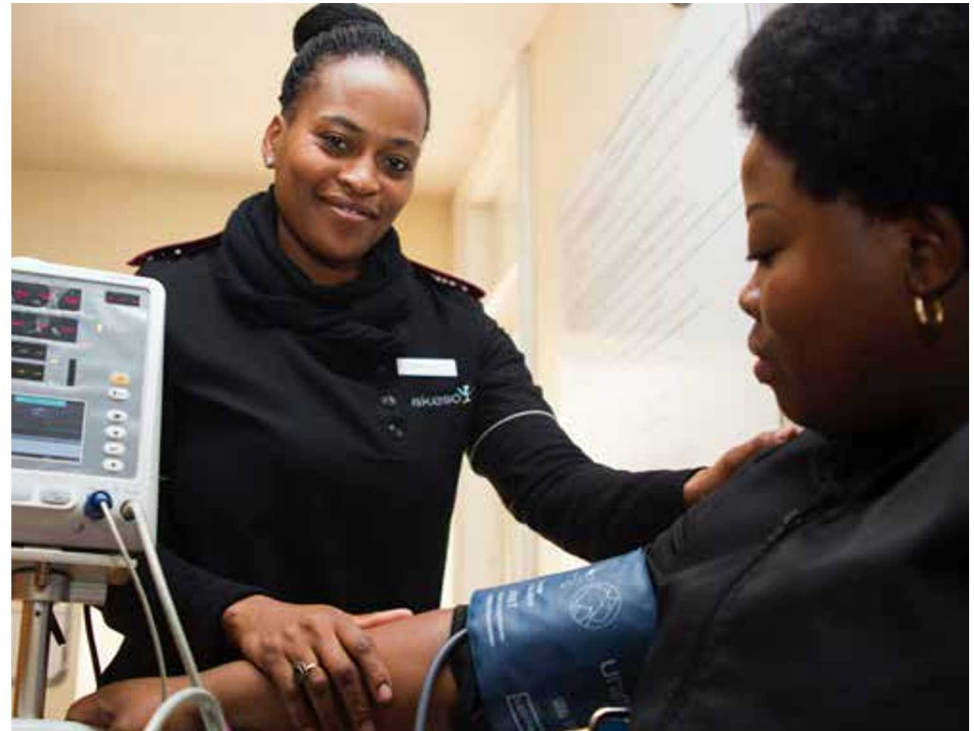
To begin your journey to recovery and wellness, call **973.529.5000** now.

No cost, confidential assessments can be scheduled 24/7.



**SILVER LAKE
HOSPITAL**

Mental Health & Addiction Services



**To begin your journey
to recovery and wellness,
call 973.529.5000**

What is Dual Diagnosis

The Dual Diagnosis Department offers quality, compassionate behavioral health care for adults who have been struggling with psychiatric and substance use issues. Mental health concerns and psychiatric illnesses often go hand in hand with substance abuse. Many people suffer from both mental health problems such as depression or anxiety and co-occurring substance use issues most often described as dual diagnosis.



If you struggle with both psychiatric symptoms and substance use issues, we will provide a secure place to stabilize both problems in a state-of-the-art hospital setting. Our team of highly qualified clinicians have experience treating dually diagnosed patients. Our dual diagnosis program is designed to address and meet your individualized needs and provide the support and expertise to make your recovery a reality.

For more information about our inpatient dual diagnosis program, call our Access Center at 973.529.5000.

Our Services

The acute inpatient program provides a secure environment for adults who experience acute mental health symptoms and a co-occurring diagnosis of substance use that require close observation, medication management and appropriate detox protocols to reduce withdrawal symptoms.

During your time in the inpatient dual diagnosis program at Silver Lake Hospital, you can expect to engage with many of the following assessments, therapies and supports:

- ✓ Comprehensive Evaluation
- ✓ Substance Use Assessment
- ✓ Crisis Intervention and stabilization
- ✓ Detoxification (if needed)
- ✓ Individual Therapy
- ✓ Group Therapy
- ✓ Family Therapy
- ✓ Medication Management
- ✓ Psychoeducation and Relapse Prevention
- ✓ Art, Yoga, and other Recreational Therapies
- ✓ Case Management
- ✓ Discharge and after Care Planning

During treatment in our inpatient Dual Diagnosis Program, you will be under the care of psychiatrists, registered nurses, nurse practitioners, social workers, and other experienced professionals. These dedicated and compassionate men and women will provide therapeutic support, and medications as clinically indicated to alleviate withdrawal symptoms.

