

ABOUT TREATMENT

WISE Families utilizes an evidence-based curriculum developed by the University of Oklahoma, specifically for youth who have exhibited problematic sexual behaviors. PSB-CBT (Problematic Sexual Behavior-Cognitive Behavioral Therapy) is a family oriented, cognitive behavioral, psychoeducational and supportive group treatment model designed to reduce or eliminate incidences of problematic sexual behavior and improve positive behaviors.

Trained clinicians provide therapy for children and their caregiver for 12 – 18 weeks. The WISE Families Program requires active participation by the youth and their caregivers as well as weekly attendance. However, our clinicians work to accommodate individual families who are unable to participate in group treatment because of scheduling conflicts.

In addition to addressing sexual behaviors, the WISE Families Program also addresses other topics in the curriculum, including: Impulse Control, Feelings Identification, Relaxation, Social Skills, Supervision and Monitoring, Behavior Management, Empathy and Apology, and Sex Education.

ABOUT REFERRALS

Referrals are accepted from the Prosecutor's Office, the Wynona's House Child Advocacy Center, the Division of Child Protection & Permanency and CMOs (Care Management Organizations).

Families in need may contact the WISE Families Program directly at 201-740-7128.

WISE Families Program is supported by funding through the New Jersey Department of Children and Families.

What families are saying...

"This program was a big help to my son. Our communication is better and now he comes to me when he has problems."

~ Rosa

"WISE helped me understand the sexual behaviors a child may display."

~ Chloe

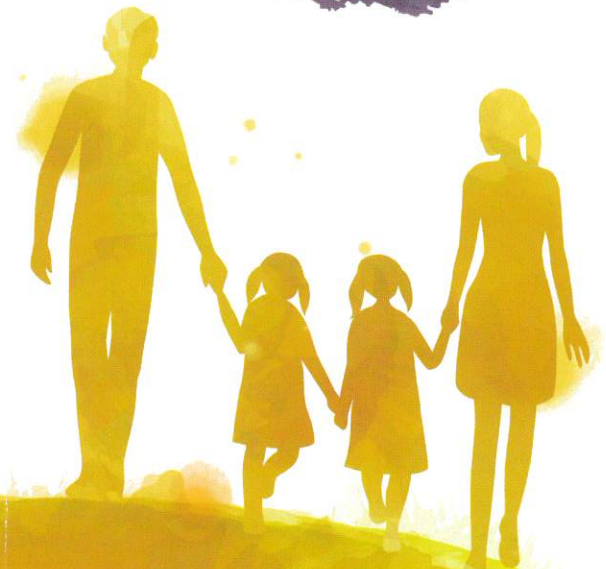
"The program helped me to express my feelings in a healthy way."

~ Tyrell (age 14)

The
**SUCCESS
RATE**
of WISE Families is

98%

For more information about the WISE Families Program, please call 201-740-7128.



ABOUT WISE FAMILIES

WISE (Wrap-around Intensive Services) Families is an outpatient counseling program that treats youth, ages 7 – 15, with sexual behavior problems. Assessment, treatment, psychoeducation and supportive services are provided to the youth and their caregivers who have experienced child-on-child sexual abuse within their families or social network.

ABOUT CHILDREN'S AID AND FAMILY SERVICES

Children's Aid and Family Services has been building brighter futures since 1899. One of northern New Jersey's leading nonprofit human services organizations, our mission is to strengthen families and empower individuals – children and adults alike – to reach their fullest potential.

WISE FAMILIES

Counseling Program

HELPING YOUTH WITH
SEXUAL BEHAVIOR PROBLEMS



CHILDREN'S AID
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