



Cooperative Counseling Services

Partner Referral Guide

✦ IMMEDIATE OPENINGS AVAILABLE

Trusted Behavioral Health Services for Youth, Adolescents, Families and Adults in NJ

Now Accepting Referrals

We have immediate openings for:

- ✓ Psychiatric evaluations
- ✓ Individual therapy
- ✓ Family therapy

Outpatient & psychiatric appointments available at our Middlesex and Mountainside locations. Intakes typically scheduled within 24–48 hours. Timely assignment of individual and family therapy services.

Insurance & Access

- ✓ Medicaid accepted
- ✓ Most major commercial insurance plans
- ✓ Telehealth services available
- ✓ Weekly individual & family therapy
- ✓ Services for adults (parents & grandparents)

Who We Are

Cooperative Counseling Services is a trusted behavioral health provider with deep roots in New Jersey's Children's System of Care (CSOC). As a long-standing Intensive In-Community (IIC) provider since 2005, we have served 16 counties across the state and bring extensive experience in community-based behavioral health.

Our team prioritizes timely access, effective care coordination, and strong collaboration with Care Management Organizations (CMOs), families, and system partners.

Our Services

Our outpatient programs provide individualized, evidence-based treatment and psychiatric care for youth and adolescents with mental health needs. We offer telehealth services to enhance accessibility and ensure continuity of care. In addition, bilingual services for Spanish Speaking families are available.

We also accept referrals for adults, specifically parents and grandparents — recognizing that family discord rarely stems from one individual alone. We can provide outpatient services for a youth or siblings, ensuring comprehensive, uninterrupted care across the entire family system.

Integrated Care Model

By integrating both therapy and psychiatric services within the same agency, we enable enhanced communication, streamlined care coordination, and a more cohesive treatment approach. This collaborative model reduces the risk of fragmented care by enabling providers to align on treatment goals and respond promptly to changes in clinical presentation or medication needs.

Key Benefits of Our Integrated Approach

- Improved continuity of care through consistent, direct communication between providers.
- Timely clinical and medication adjustments aligned with evolving needs.
- Reduced duplication of intake processes, assessments, and paperwork for families.
- Stronger, team-based support to ensure comprehensive and coordinated care.
- A collaborative approach focused on stabilization and measurable outcomes.

Our Commitment to CMO Partners

We value our partnerships with CMOs and are committed to supporting your efforts in delivering timely, effective, and coordinated care. With a strong foundation in community-based services, our team is dedicated to helping youth achieve stability, preventing escalation of needs, and supporting youth remaining in their homes and communities.

Ready to Refer? Contact our Access Center

908-731-7099 x 504 or AccessCenter@cooperativescs.com