

What make us DYNAMIC?

We incorporate many different therapies and modalities to treat psychosocial stressors. We believe therapy should be fun and exciting no matter the client's age. We focus on relationships that are authentic and nurturing.

Bio-Psycho-Social-Cultural-Spiritual Model

Here at Dynamic Minds Therapy, we honor, acknowledge, and accept you as you come. Our goal is not change clients, but empower the change they want to achieve. We do this by taking into consideration the whole person-in-environment.

Areas of Clinical Interest

- Anxiety
- Depression
- Attention Deficits & Hyperactivity
- Adjustment disorders
- Trauma
- And More!

Types of Services

- Individual Psychotherapy
- Intensive In-Community Services
- Special Education and Educational Advocacy
- Parenting Coaching
- Behavior Consultation



**“Dynamic
Healing for
Dynamic Hearts”**



Registered Play Therapist (RPT)

Play therapy is an important treatment modality when working with kids. Matthew's approach to play therapy is both fluid in nature and directive, when needed. Matthew believe that working with guardians alongside the child, is important during the treatment process to ensure effective change aligns with family goals. When engaging with youth, some play approaches that he may apply are Child Centered Play Therapy (CCPT), Cognitive Behavioral Play Therapy (CBPT), Adlerian Play Therapy and more!

Licensed Clinical Social Worker (LCSW)

Matthew utilizes traditional LCSW services include the diagnosis and treatment of client psychosocial stressors through evidence-based interventions and strategies. He tailors interventions to meet clients where they are at, and allow the client to guide their treatment modality. Matthew uses client-centered at and collaborative in problem-solving process.

About the Founder Matthew J. Rosado



School Social Worker (SSW)

With a history of School Social Work experience on a Child Study Team, Matthew is able to assist and navigate the complex educational system in New Jersey. Matthew is prepared to advocate for clients educational and behavioral needs outside the office. Matthew is prepared to provide parent education on Behavioral Interventions, Child Study Team (CST) Referrals, and Section 504 Referrals. Matthew will consult with clients in regards to your Parental Rights in Special Education (PRISE).

Applied Behavior Analytics (ABA) Educated

Matthew has 40 hours' worth of training in ABA.