



# ABOUT US

We specialize in supporting youth and young adults who are experiencing early signs of mental health changes. These changes may include shifts in thoughts or beliefs, decrease in focusing, mood changes, difficulty completing daily tasks, challenges in socializing with family or friends, and seeing or hearing things others may not.

If you're between the ages of 10 and 35, our programs offer personalized support to help you regain balance in work, school, and life. We're here to provide the care and guidance needed to enhance your well-being.

[www.careplusnj.org](http://www.careplusnj.org)


# CONTACT US

 201.986.5010

 [EPIC@careplusnj.org](mailto:EPIC@careplusnj.org)

 **Bergen County Location:**  
17-07 Romaine Street  
Fair Lawn, NJ 07410

**Serving:** Bergen, Essex,  
Passaic & Hudson

 **Morris County Location:**  
520 Speewell Ave., Ste 216  
Morris Plains, NJ 07950

**Serving:** Morris, Warren,  
Sussex & Hunterdon



[www.careplusnj.org](http://www.careplusnj.org)



# EARLY PSYCHOSIS INTERVENTION CENTER (EPIC)

**SERVING YOUTH & YOUNG ADULTS  
IN NORTHERN NEW JERSEY**

## SPECIALIZED SERVICES

- Individual, family, and group therapy
- Psychiatric evaluation and medication monitoring
- Peer services to support mental health
- Supportive employment and education services
- Outreach/case management for youth, young adults, and their families



## EPIC MODEL

### Preventative Care

For those at clinical high risk for psychosis as determined through an evidence-based assessment.



### Early Psychosis Care

The gold standard approach for those who have experienced a first episode or early onset of psychosis using the Coordinated Specialty Care model.



### Community Integration

A step-down approach for those who are further along in their recovery .

## OUR TEAM

As the leading provider of early psychosis intervention in Northern New Jersey, our team has supported over 500 youth, young adults, and their families over the past eight years.

Our approach centers on shared decision-making, involving the individual experiencing psychosis, their family, and a team of specialists. Our multidisciplinary team is trained in early psychosis care and evidence-based services, ensuring comprehensive, personalized support.

We are committed to creating a welcoming, judgment-free environment where young people can feel safe and supported throughout their journey to recovery.