







Your Bridge to Continued Wellness

Seamless Outpatient Care For Your Clients






Dedicated Outpatient Therapy For Individuals Needing Support

NJ Therapeutic Services & Consultation is committed to providing specialized, compassionate, and tailored treatment. We understand the critical need for continuity of care following intensive treatment, ensuring your clients experience a supported transition and sustained well-being.

Our Specialized Care

-  **Trauma & Recovery**
PTSD & Complex Trauma Therapy
-  **Skill Building**
DBT & CBT Modalities
-  **Emotional Stability**
Anxiety and depression support.
-  **Life Transitions**
Support for individuals navigating burnout, major life changes, and personal growth challenges.

Why Refer To Us?

-  Accessible In person and Online Therapy (Telehealth) Across NJ
-  Post-Inpatient Insight and Skill Reinforcement.
-  Culturally competent and trauma-informed support to address diverse client needs.
-  Evidence-based interventions focused on stabilization and effective skill acquisition.
-  We are actively accepting new clients and ensure clear communication with referring partners