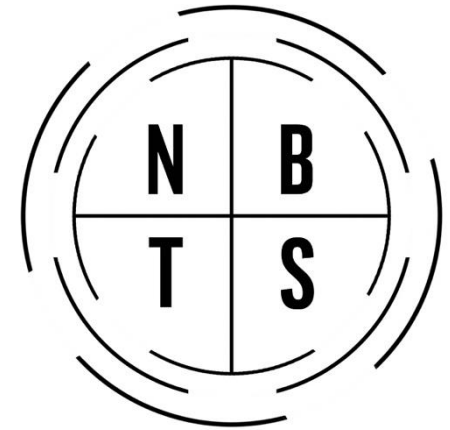


Helping Families Toward Their New Beginning



Helping Families Toward Their New Beginning

New Beginnings Therapeutic Services

Providing In-Home Counseling
services to at-risk youth.

Contact information:
Owner: Kevin Matawa
Phone: 551-246-1502
Fax: 201- 367-0663
KMatawa@NewBeginningsTS.com

What does NBTS provide?

Mental Health clinicians employed by **NBTS** provide a proficient in-home counseling service/experience to the at-risk youth and family.

The In-Home clinicians (IICs) are fully licensed (LPC, LCSW, LMFT, etc) or actively working with a supervisor to become fully licensed (LAC, LSW, etc.)

Clinicians employed by **NTBS** have experience in the field as an IIC provider or other social work professionals.

Clinicians at NBTS have experience with:

- ADHD
- OCD
- PTSD
- ASD (Autism Spectrum Disorder)
- Bipolar disorder
- Depression
- ODD
- Family Problems
- Parenting issues
- Communication Problems
- Anger Management
- Grief/Loss
- Adjustment issues
- Anxiety
- Criminal/Legal issues
- Helping foster children transition into new homes
- Self-esteem/Self-worth issues,
- Academic concerns
- College preparation
- Self-harming thoughts
- Goal setting
- Relationship issues
- Trauma and abuse
- Impulsivity

Clinicians at NBTS use approaches from:

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Emotionally Focused Therapy (EFT)
- Existential Therapy
- Mindfulness Therapy
- Motivational Interviewing
- Narrative Therapy
- Solution-Focused Therapy
- Trauma-Focused Therapy
- Nurtured Heart Approach
- Gestalt Approach

Sessions with the therapist take place **in the home AND community setting (park, gym, food...etc)**. In the initial session, the family and therapist will review the needs and rules for what is acceptable and not acceptable during services.