### **PHILOSOPHY**

Winner & Associates is a clinical therapeutic intervention support agency committed to restorative and instructional emotional growth to families in crises. Winner serves individuals, families and groups with behavioral, developmental, intellectual, emotional, or substance abuse challenges. We employ humanistic approaches to multipurpose interventions that are designed to be cutting edge, solution-based treatments within therapeutic frameworks.

Winner understands that intervention is most successful as a comprehensive process, in a supportive environment geared to habilitate the family and ensures families work with counselors that provide appropriate levels of care which successfully manage pressing needs, implement stabilization and reintegrate domestic balance.

# WINNER INFUSES CULTURALLY RELEVANT EXPERIENCES INTO INTERVENTION

- Valuing Diversity
- Knowledgeable in Deaf Culture
- Multi-lingual Staff
- LGBTQ Families
- Dynamics of Family Mediation









## HOW CAN I FIND A PROVIDER?

If you think your child can benefit from this service, please call: 201-289-4460 and one of our trained staff will assist you immediately.

Ask for a provider who understands your culture, speaks your language, and can help with special needs.

#### Call 911 when:

The life or health of your child or others are in danger. A bad reaction to medication, an increase in symptoms occurs or if immediate help is needed.

Office: 201-289-4460 Fax: 973-378-3447 winnerassociateshealth@gmail.com INTENSIVE IN-HOME SERVICES

NURTURING PARENTING
FACILITATION/PROGRAMS
BEHAVIORAL ASSISTANCE SERVICES

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### INTENSIVE-IN-HOME SERVICES (IIC)

Intensive counseling services are flexible, comprehensive support that are clinical, client-centered and family-focused for those struggling with emotional/behavioral disruptions that result in significant functional impairment and maladaptive behaviors that place families and communities at risk.

Services are placed into action within an inhome/community environment focused on developing realistic treatment plans appropriate to the individual. This approach is to provide solution-based crisis interventions that target needs to strengthen families and diminish the intensity of undesirable behavior.

We integrate community resources pertinent to psychosocial maintenance and support to sustain effective development when families transition.

#### **ESSENTIAL CARE**

- Needs Assessment
- Stabilization of Behavior
- Prevention of Inpatient Hospitalization
- Conflict Resolution
- Anger Management
- Reunification/Psychoeducation
- Out of Home Transitioning
- Domestic Problem-Solving

#### SPECIALIZATION DISORDERS AND CONCERNS

- Autism Spectrum Disorders
- Deaf and Hard of Hearing (ASL)
- Disruptive Behavior Disorders
- Anxiety/Depression/Bereavement
- Trauma/PTSD/Bullying
- Bipolar Disorder
- Gender Dysphoria/LGBTQ

- Compulsions/Obsessive Disorders
- Self-Injurious Behavior
- Social Impairments/Focusing Problems
- Body Focus Repetitive Disorders
- Nurturing Parenting Facilitation
- Natural Disasters and Terrorism

#### BEHAVIORAL ASSISTANCE SERVICES (BA)

Behavioral assistants are trained to improve family functioning by applying structured, organized interventive approaches, with pragmatic behavioral modification techniques that reinforce coordinated care. BAs target specific behavior through collaboration with counselors and work as a team player to realize adaptive, culturally-based outcomes.

# NURTURING PARENTING PROGRAMS/FACILITATORS

Winner counselors are Certified Nurturing Parenting Facilitators that implement prevention-education sessions with parents, designed to empower families with new knowledge, beliefs and strategies. NPP is a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices. The long term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse, and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors.

Winner recognizes that specific households need parenting programs integrated into family counseling. Parents obtain practical skills to communicate effectively, recuperate relationships, practice consistent functional discipline, increase positive parental involvement and foster improved behavior and mental health within home and community.

#### COLLEGE PREPAREDNESS/YOUNG ENTREPRENEUR AND FINANCIAL EMPOWERMENT PROGRAMS

These programs offer a full menu of activity-based instruction designed to promote leadership skills and personal growth through team building retreats, interactive workshops, interaction with community leaders and business professionals as well as service learning activities. Students broaden their scope, build relationships with students from different communities, and gain life-long knowledge and professional connections.

#### WINNING APPROACHES

- Applied Behavioral Analysis (ABA)
- American Sign Language Proficiency (ASL)
- Nurturing Parenting Programs
- Cognitive/Behavioral/Art/Play/Music/Humanistic Models
- Nutrition, Health and Fitness
- Organization Training
- College Preparedness Programs
- Interpersonal Psychotherapy
- Young Entrepreneur/Empowerment Programs

#### WINNING TEAM

- Proficiencies in American Sign Language (ASL)
- Dually Licensed Clinicians
- Nutritionists
- Clinical Supervisors (ACS, CCS)
- Mentoring





