

What our clients say

"The staff **made me feel welcome** and were very nice."

"I liked the nurses and the fact that they were **very caring**."

"They gave me **all of my options** in a caring way."

"They truly care about you and **don't judge**."

"It is amazing that the services offered here seem **much better** than a place someone would go and actually have to pay."



www.1stChoice.org

973.538.0967 (Call) · 973.532.2904 (Text)

*Serving women
in New Jersey since
1985*



Locations

Jersey City

10 Paterson Street | Jersey City, NJ | 07307

Montclair

180 Bloomfield Avenue | Montclair, NJ | 07042

Morristown

82 Speedwell Avenue | Morristown, NJ | 07960

Newark

35 Halsey Street | Newark, NJ | 07102

New Brunswick

116 New Street | New Brunswick, NJ | 08901



Jersey City • Montclair • Morristown
Newark • New Brunswick



You've got a lot of options...

Let us be your
first choice.

www.1stChoice.org

973.538.0967 (Call) · 973.532.2904 (Text)

Services

All of our services are **free** and **confidential**.

- Pregnancy Testing & Options Counseling
- Ultrasound to Medically Confirm Pregnancy
- Pre-abortion Counseling
- Emergency Contraception Information
- Select STI Screening
- Referrals to Doctors & Social Services
- Post-Abortion Recovery Care

We know that there are a lot of choices you need to make, and many places you can turn to for help.

**Let us be your
first choice.**

Schedule your
appointment today:

Call: 973.538.0967

Text: 973.532.2904

www.1stChoice.org



Pregnant?

At First Choice, we care
deeply about you.

We are here to help you find the answers to
some of life's toughest questions.

We respect your thoughts and feelings.
Our medical services and counseling are
free and confidential.

Since we do not perform abortions or
arrange adoptions, we have no financial
interest in your decision.

Why First Choice?

If you are planning or considering a pregnancy
termination, First Choice is your next, best step.

There are 3 great reasons why:

1. Free Pregnancy Confirmation

Ultrasound, not urine or blood tests, is the
fastest way to determine if you have a viable
pregnancy. First Choice provides ultrasound
services at **no charge** for eligible clients. Other
organizations charge for this service.

2. Accurate Information

First Choice will provide the most accurate
confirmation and dating of your pregnancy via
ultrasound with **no obligation** of additional
services. Knowing how far along you are is
essential in determining your next steps.

3. Privacy and Confidentiality

We schedule our appointments to avoid
crowds of people in our waiting areas and
to give you the most **privacy** possible.

There is a lot to consider when it comes to
your reproductive health. Our medical services
are provided by RNs and sonographers under
the direction of licensed physicians.

All of our information is medically accurate and
approved by our Medical Director.